

Your Story, His Glory:

A Testimony Writing Workbook

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Facilitator Notes

Session 1: Lead with Listening

- Ask participants to reflect, not just recall
- Emphasize honesty over drama
- Encourage brief sharing in small groups

Session 2: Focus on the Gospel

- Keep the center on Christ's work, not self-improvement
- Share the Gospel clearly: sin, grace, repentance, faith
- Challenge clarity: Can someone hear your story and know how to be saved?

Session 3: Embrace Ongoing Growth

- Avoid perfectionism
- Highlight that sanctification is a process
- Let stories reflect both victories and current dependence on Christ

Wrap-Up

- Encourage participants to share their 1-minute testimony with someone this week
- Invite a few to read their 5-minute version aloud next meeting
- Offer optional feedback and prayer



“Go therefore and make disciples of all nations...”

“Then Jesus came near and said to them, ‘All authority has been given to Me in heaven and on earth. Go, therefore, and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe everything I have commanded you. And remember, I am with you always, to the end of the age.’”

— Matthew 28:18–20

Introduction: Your Story in God's Mission

God is on a mission—to rescue, redeem, and restore. He has been calling people to Himself since the beginning of time, and He invites His children to join Him in that mission. If you've been saved by Jesus Christ, your life is now part of His plan to reach others. You are not just a spectator in the kingdom of God—you're a messenger.

Sharing your testimony is more than telling a personal story. It's stepping into alignment with the heart of God, who desires that none should perish but that all would come to repentance (2 Peter 3:9). It is an act of obedience, compassion, and eternal significance. Being able to clearly tell someone what Christ has done in your life—and then asking them if they want to trust Him too—can be the very doorway through which someone walks into salvation.

The Bible says:

“He who wins souls is wise.” — Proverbs 11:30

“Those who lead many to righteousness will shine like the stars forever and ever.”

— Daniel 12:3

“How can they believe without hearing about Him? And how can they hear without a preacher?” — Romans 10:14

Soul-winning isn't just for evangelists. It's the natural overflow of a heart transformed by Jesus. When we willingly and whimsically share God's love—like He shared it with us—we reflect the character of our Father. He doesn't share His love reluctantly. He delights in it. After all, Jesus already died for them. The door to heaven has been opened.

Your testimony can help guide someone through that open door. Writing it, refining it, and learning to share it boldly allows you to be ready at any moment to point someone to Christ. This isn't just a skill—it's a sacred responsibility.

Let's begin—not just for the sake of clarity or confidence—but for the sake of souls.

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Participant Workbook

Purpose:

To help you write and share your testimony in three clear formats: 1 minute, 5 minutes, and 30 minutes. Your story reflects the transforming power of Jesus Christ. This workbook will guide you in shaping your story to glorify God and connect with others.

“Always be ready to give a defense to anyone who asks you for a reason for the hope that is in you.” — **1 Peter 3:15**

Overview of the Three Testimony Versions

We will develop 3 ways to share our faith based on how much time is available using our guided questions to help. When you are finished with this workbook you will have developed:

- 1 Minute Testimony / 5 minute Testimony / 30 Minute Testimony

Just start answering the questions below then use those answers to finish each version of your testimony.

Session 1: Life Before Knowing Christ

Guiding Questions:

- What were you searching for?

- What was your identity built on?

- What struggles or sins defined your life?

- What emotions or emptiness did you carry?

Scripture References:

“For all have sinned and fall short of the glory of God.” — **Romans 3:23**

“And you were dead in your trespasses and sins...” — **Ephesians 2:1–3**

“We all went astray like sheep; we all have turned to our own way...” — **Isaiah 53:6**

Memory Verse:

“For all have sinned and fall short of the glory of God.” — **Romans 3:23**

 **Devotional Thought:**

Before Christ, we were not just misguided—we were spiritually dead. Our old identity may have looked different on the outside, but at the core we were separated from God. Separated from God because of our sin. This truth humbles us and reminds us how great our rescue in Christ truly is.

Use your Guiding Questions Answers to Develop Your 3 Variations of Life before Knowing Christ Here:

- 1-Minute Version (1 sentence):

- 5-Minute Version (1 paragraph):

- 30-Minute Version (1–2 pages):

Session 2: Meeting Jesus

Guiding Questions:

- How did you first hear the Gospel?

- What truth about Jesus convicted you?

- When and how did you surrender to Him?

- What Scripture or person helped you believe?

Scripture References:

“But God proves His own love for us in that while we were still sinners, Christ died for us.” — **Romans 5:8**

“If you confess with your mouth, ‘Jesus is Lord,’ and believe in your heart that God raised Him from the dead, you will be saved.” — **Romans 10:9**

“I am the way, the truth, and the life. No one comes to the Father except through me.” — **John 14:6**

“There is salvation in no one else...” — **Acts 4:12**

Memory Verse:

“If you confess with your mouth, ‘Jesus is Lord’...” — **Romans 10:9**

Devotional Thought:

The turning point of every testimony is not what we did—but what Jesus did. He found us, pursued us, and called us by name. Whether dramatic or quiet, this moment is holy ground. It's not about our words; it's about His work.

Use your answers to the guiding questions to develop your 3 variations of meeting Jesus Here:

- 1-Minute Version (1–2 sentences):

- 5-Minute Version (1 paragraph):

- 30-Minute Version (1–2 pages):

► Session 3: Life Since Knowing Christ

Guiding Questions:

- How has your identity changed?

- How do you face trials differently?

- What ongoing transformation have you seen in yourself?

- How do you experience the Spirit's presence?

 **Scripture References:**

“Therefore, if anyone is in Christ, he is a new creation; the old has passed away, and see, the new has come!” — **2 Corinthians 5:17**

“I am sure of this, that he who started a good work in you will carry it on to completion until the day of Christ Jesus.” — **Philippians 1:6**

“I have been crucified with Christ and I no longer live, but Christ lives in me.” — **Galatians 2:20**

“There is now no condemnation for those in Christ Jesus...” — **Romans 8:1**

 **Memory Verse:**

“Therefore, if anyone is in Christ, he is a new creation...” — **2 Corinthians 5:17**

 **Devotional Thought:**

Life in Christ isn't about becoming instantly perfect—it's about being permanently changed. We still wrestle with sin, but now we do it with the Spirit's help. Your story is still being written, and that's exactly how God planned it.

Use your Guiding Questions to Develop Your 3 Variations of Life Since Knowing Jesus Here:

- 1-Minute Version (1 sentence):

- 5-Minute Version (1 paragraph):

- 30-Minute Version (2–3 pages):

◆ Final Assembly Templates

 **1-Minute Testimony**

- Before Meeting Jesus: _____

- After Meeting Jesus: _____

- Life Since Meeting Jesus: _____

 **5-Minute Testimony**

- Paragraph 1: Life before Christ

- Paragraph 2: Encounter with Christ

- Paragraph 3: Life since Meeting Christ

30-Minute Testimony

- Introduction: Set the context

- Section 1: Life Before Christ (2–3 pages)

- Section 2: How You Met Christ (2–3 pages)

- Section 3: Life in Christ Now (3–5 pages)

Conclusion: Gospel invitation or encouragement

E.g. Share the Roman Road:

1. **Romans 3:23**

“For all have sinned and fall short of the glory of God.”

2. **Romans 6:23**

“For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.”

3. **Romans 5:8**

“But God proves His own love for us in that while we were still sinners, Christ died for us.”

4. **Romans 10:9**

“If you confess with your mouth, ‘Jesus is Lord,’ and believe in your heart that God raised Him from the dead, you will be saved.”

5. **Romans 10:13**

“For everyone who calls on the name of the Lord will be saved.”

Prayer of Repentance and Salvation

If the person you are witnessing to is willing, Lead them in a prayer like this:

Lord God,

I confess that I am a sinner. I've tried to live my own way, and I've believed things about Jesus that weren't true. I thought He was just a good teacher, a religious figure, or someone distant. But now I see the truth: He is the Son of God, the Savior who died for me.

I believe that Jesus Christ died on the cross for my sins, that He rose from the dead, and that He is alive today. I turn away from my sin, my pride, and my old life. I repent and ask You to forgive me.

Jesus, I trust You. I surrender my life to You. Be my Savior, my Lord, and my King. Fill me with Your Spirit. Make me new.

From this day forward, I belong to You.

In Jesus' name, Amen.



More from Train and Tell Ministries

Train and Tell Ministries exists to equip believers to share the Gospel with clarity, confidence, and compassion. Through Bible-based resources, devotionals, small group studies, and evangelism training, we help ordinary Christians live on mission with an extraordinary message: Jesus saves.

Whether you're a church leader, small group member, or simply someone who wants to grow in sharing your faith, we're here to walk with you.

Explore more tools, training, and encouragement at:

 www.trainandtell.org

Because the Good News is too good to keep to yourself.